

Help support Girls on the Run of Monongalia County every Friday in March and April with Happy Hour Yoga at BlissBlissBliss

Girls on the Run is a local non-profit organization that prepares girls for a lifetime of self-respect and healthy living.

Help BlissBlissBliss sponsor girls participating in Girls on the Run of Monongalia County. BlissBlissBliss, located on Stewartstown Rd., will offer weekly donation classes every Friday in March and April from 5:15-6:15 p.m.

Donate whatever you want or can! 100% of the donations go towards Girls on the Run scholarships and program needs.

Bring a friend and enjoy an easy-going yoga class while helping out the community!



For more information about BlissBlissBliss or Girls on the Run of Monongalia County visit <http://blissblissbliss.massagetherapy.com> or www.moncountygotr.com

